



PFLAG BISEXUALITY RESOURCE PACKET

Thank you for your support of PFLAG (Parents, Families and Friends of Lesbians and Gays). In 1992 PFLAG expanded our mission to include bisexual people, and we now include information on bisexuality as we now fulfill our mission of support, education and advocacy for all GLBT people.

This resource packet is designed in two sections: *Bisexuality 101* and *Embracing Your Bisexuality* in order to meet the needs of PFLAG's diverse audience. In *Bisexuality 101*, PFLAG supporters and chapter members can find basic information on bisexuality and ways that PFLAG can be more inclusive of bisexual people and organizations that support bisexuals. In *Embracing Your Bisexuality*, we have included information that reviews the personal process of coming out as a bisexual person.

While I hope this packet provides you with basic information about bisexual people and bisexuality, I know that it is just a first step. I encourage you to review the Resource List for more materials that will help you to better understand bisexuality, and to become a better supporter and ally in the movement for equal rights for everyone.

Thank you for your good work as part of the PFLAG family!

Sincerely,


Jody M. Huckaby
Executive Director

PFLAG greatly appreciates the
contribution and suggestions by
Marsha Buck and Debra
Kolodny.