

# Youth Connections

Produced by the National Youth Advocacy Coalition (NYAC)



Your one-stop resource to find out  
more about lesbian, gay,  
bisexual, transgender and  
questioning youth!



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**National Youth Advocacy Coalition**

1638 R Street, NW, Suite 300

Washington, DC 20009

Toll-free: 1.800.541.6922 ext 12

Fax: 202.319.7365

TTY: 202.319.9513

[nyac@nyacyouth.org](mailto:nyac@nyacyouth.org)

[www.nyacyouth.org](http://www.nyacyouth.org)

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The National Youth Advocacy Coalition (NYAC) is the only national organization focused solely on improving the lives of lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth through advocacy, education, and information.

You can call NYAC's Resource Coordinator toll-free from 10 am –6 pm, Mon–Fri (Eastern Standard Time) or send e-mail to [nyac@nyacyouth.org](mailto:nyac@nyacyouth.org) if you have any questions or needs. Here are some of the amazing resources and services NYAC can offer to LGBTQ youth:

- Referrals to LGBTQ-youth serving groups in your state or region
- Safe Zone stickers and posters
- Resource lists for specific groups (such as African American youth and Asian and Pacific Islander youth) and issues (such as transgender issues or bisexuality)
- Information about our annual National Youth Summit, NYAC Regional Youth Conferences and other LGBTQ-youth events
- Connections to various social justice and civic actions by youth nationwide
- Access to hundreds of cutting-edge resources and publications

We can also offer referrals and resources on a wide variety of questions you may have that might not be covered in this booklet, so give us a call and let us know what's on your mind!

## Express Line

### Need to talk to someone? Want to talk to them NOW?

Give these toll-free numbers a ring. Be sure to check out when they're operating (all times listed are Eastern Standard Time). Since they are national and toll-free, some of them may be pretty busy sometimes, but keep on trying if you can.

#### National Youth Advocacy Coalition

1.800.541.6922 ext 12  
TTY: 202.319.9513  
Mon-Fri, 10 am-6 pm EST

Give us a call if you want to know about referrals in your area or about information on a particular topic. Call us if you need resources, are tackling a problem and need help, or would like to find out about other services NYAC can offer you.

#### General LGBTQ Youth Support Lines:

These toll-free lines are staffed by either trained LGBTQ youth or adults, or by trained youth or adults that are LGBTQ friendly.

#### Youth Talkline (ages 23 and under)

1.800.96YOUTH  
Mon-Sat, 9.30 pm-12 am EST  
Tue, 7 pm-12 am EST

#### Los Angeles Gay and Lesbian Youth Hotline

(ages 23 and under)  
1.800.773.5540  
Mon-Fri, 12 pm-8 pm EST

#### Gay and Lesbian National Hotline

1.888.843.4564  
Mon-Fri, 4 pm-12 am EST



#### Topic Specific Support Lines

These toll-free lines are open to the general public, so while they may not be LGBTQ specific, we've checked that they are LGBTQ-friendly and should be understanding and respectful of your needs. They are all open 24/7 unless noted otherwise.

#### Trevor Suicide Prevention Line

1.800.850.8078

#### Centers for Disease Control and Prevention

HIV/AIDS/STD Line: 1.800.342.2437

#### HIV/AIDS Treatment Info Services

1.800.448.0440  
TDD: 1.888.480.3739  
Mon-Fri, 12 pm-5 pm EST



**Covenant House's Nine Line** (a crisis line for youth and their families) 1.800.999.9999

**National Runaway Switchboard**  
1.800.231.6946

**National Youth Crisis Hotline**  
1.800.HIT HOME

**Child Abuse Hotline**  
1.800.422.4453

**National Domestic Violence Hotline**  
1.800.799.7233  
TDD: 1.800.787.3224

**Alcohol and Drug Abuse Hotline**  
1.800.821.4357

**Alcohol Hotline**  
1.800.252.6465

**Drug Abuse Hotline**  
1.800.888.9383

If you want to e-mail someone your own age who can help you sort out things, send a message to: [talkline@lyric.org](mailto:talkline@lyric.org)  
If you have more time, you can also check out :

**[www.youthresource.com](http://www.youthresource.com)**  
(click under "peer educators" at the top) Where you can read the bios of young LGBTQ folks just like you and write directly to them for their help.

If you want a more old-fashioned way to connect with LGBTQ youth, you might want to try a pen pal! After you write to these groups, they'll send you an application form which you send back (with a photocopy of some sort of ID from you, so they can make sure you're a young person). Then they put you in touch with young people in the US and abroad with similar interests.

**IYG Pen Pal Program** (for youth 12-21 years old)  
PO Box 20716  
Indianapolis, IN 46220

**International Pen Pal Program**  
(for youth 13-24 years old)  
PO Box 3823  
Los Angeles, CA 90078-3823

**[www.colage.org](http://www.colage.org)**  
A national organization supporting young people with LGBTQ parents

**[FamiliesLikeMine.com](http://FamiliesLikeMine.com)**  
A website by one young woman to reach out to others who also grew up in a LGBTQ family

**[www.sexetc.org](http://www.sexetc.org)**  
A site by teens through the Network for Family Life Education, Rutgers University, this place offers you all sorts of reliable information on love, sex and relationships (including LGBTQ youth), and related issues such as health, body image, abuse and violence, etc.

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## How can I find a group in my area?

### [www.nyacyouth.org](http://www.nyacyouth.org)

Call NYAC at 1.800.541.6922 ext 12, or write to [nyac@nyacyouth.org](mailto:nyac@nyacyouth.org) and let us know which city and state you live in. Or you can find the groups yourself by checking out our searchable online database of LGBTQ-youth serving organizations.

Here are some other places in your community that you can check out for support (see your local phone book). They may not have "gay" in their title, but they often are good places to start finding connections in your area:

A local chapter of Planned Parenthood.

A local chapter of the American Civil Liberties Union.

A local chapter of Parents, Family and Friends of Lesbians and Gays (call 202.467.8180, write to [info@pflag.org](mailto:info@pflag.org) or check their list at [www.pflag.org](http://www.pflag.org).)

A progressive or reconciling church or congregation, such as a Unitarian/Universalist church, a Quaker/Friends meeting space, or a Metropolitan Community Church (MCC).

### Online Resources:

Cut through all of the confusion on the Internet and tap into this LGBTQ youth and youth-friendly stuff!

### [www.nyacyouth.org](http://www.nyacyouth.org)

This website is the place to start! Find a local group.

Register for our Summit or Regional Conference. Check our database for resources on issues you're dealing with. You can even register to vote and write through the website directly to legislators and your local press.

### [www.YouthResource.com](http://www.YouthResource.com)

Online peer educators... and more! If you're looking for some reassurance and words of wisdom from LGBTQ youth like you via e-mail, click onto the bios of the young LGBTQ peer educators at this website and shoot them a message. They also have a continually expanding menu of new features.

### [www.oasismag.com](http://www.oasismag.com)

An online website where LGBTQ youth can post their own columns and diaries, poetry, rants and raves, and chat with other youth on a wide assortment of issues.

### [www.outproud.org](http://www.outproud.org)

Among the neat features on this website is an archive of coming out stories by teens from all backgrounds.

### [www.BinetUSA.org](http://www.BinetUSA.org)

A good jumping off point for information nationwide on bisexual issues.

### [www.youthresource.com/community/transgender/index.cfm](http://www.youthresource.com/community/transgender/index.cfm)

Trans\*topia's got message boards, resources, stories and other things to answer any question you have on being trans, genderqueer or gender variant.

### [www.ntac.org](http://www.ntac.org)

All sorts of activism, legislation, action, news and other resources for transgender activists.

### [www.ingersollcenter.org](http://www.ingersollcenter.org)

Offers a full range of services to gender dysphoric clients, such as referrals to therapists, support and peer counseling.

### [www.freevibe.com](http://www.freevibe.com)

Games, contests, promotions... sure beats the boredom... and this site gives the lowdown on popular drugs and gives you the opportunity to voice your opinions on drug use and other topics.

### [www.theantidrug.com](http://www.theantidrug.com)

Find out the scary truth about Special K, Ecstasy, and tons of other drugs. (The website is also in Spanish, Cambodian, Chinese, Korean and Vietnamese.)

Stay up-to-date on the latest news and issues affecting LGBTQ youth nationwide! Sign up for an e-mail list message:

NYAC E-mail Alert:

To subscribe, write to: [nyac@nyacyouth.org](mailto:nyac@nyacyouth.org)

A pretty comprehensive bi-weekly e-mail on tons of stuff, ranging from conferences and events to scholarships, funding opportunities and new resources.

GSA Network: To subscribe, write to: [info@gsanetwork.org](mailto:info@gsanetwork.org)  
Lots of fantastic news, events and opportunities for youth, particularly those in Gay/Straight Alliances.

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**PERSON Project News**  
To subscribe, write to:  
[richter@eecs.berkeley.edu](mailto:richter@eecs.berkeley.edu)

**Triangle News**  
To subscribe, write to: [sean@tri.org](mailto:sean@tri.org)

Looking just for basic research  
and statistics on LGBTQ youth and  
related issues? See these:

[www.advocatesforyouth.org/publications/  
transitions/transitions1404\\_9.htm](http://www.advocatesforyouth.org/publications/transitions/transitions1404_9.htm)

[www.siecus.org/pubs/fact/fact0013.html](http://www.siecus.org/pubs/fact/fact0013.html)

[www.youth.org/loco/PERSONProject/  
Resources/list.html](http://www.youth.org/loco/PERSONProject/Resources/list.html)



## What sort of legal resources are out there for somebody like me?

There might be times when you think you've done all you can and feel like you need to consider legal action to get help with the situation you're in.

This is a big step, not only because of the costs (legal expenses are NOT cheap), but also because of the time involved (cases can take years to decide), so be sure you know what options you have available.

While these groups generally cannot offer legal representation, they can give you sound legal advice and help identify more resources:

**[www.nclrights.org](http://www.nclrights.org)**  
National Center for Lesbian Rights  
870 Market Street, Suite 570  
San Francisco, CA 94102  
Phone: 415.392.6257  
[info@nclrights.org](mailto:info@nclrights.org)  
NCLR has a Youth Project, which deals with many of the issues that youth face legally (as students, foster care youth, homeless youth, etc).

**[www.lambdalegal.org](http://www.lambdalegal.org)**  
Lambda Legal Defense and Education Fund  
120 Wall Street, Suite 1500  
New York, NY 10005-3904  
Phone: 212.809.8585

LLDEF also has five regional offices that can help you. You can find their number on their website or through their main phone number.

A local chapter of the American Civil Liberties Union can also be quite helpful. Your phone book will likely have the phone number of the ACLU chapter nearest you. Their main office is at:

**[www.aclu.org](http://www.aclu.org)**  
American Civil Liberties Union  
125 Broad Street, 17th Floor  
New York, NY 10004-2400  
Phone: 212.549.2627

Many states also have a free legal advice office, which you should be able to find in your phone book.

## I'm having problems at school. What can I do?

It's hard enough getting through the day without having to think about all those other "issues" in your life. From harassment and bullying to creating a group in your school, these are some groups that can help:

### [www.safeschoolscoalition.org](http://www.safeschoolscoalition.org)

Safe Schools Coalition  
Public Health—Seattle & King County  
2124 Fourth Avenue  
Seattle, WA 98121  
Phone: 206.296.4755  
[questions@safeschoolscoalition.org](mailto:questions@safeschoolscoalition.org)  
They also have connections with similar projects nationwide.

### [www.gsannetwork.org](http://www.gsannetwork.org)

Gay-Straight Alliance Network  
160 14th Street  
San Francisco, CA 94103  
Phone: 415.552.4229  
[info@gsannetwork.org](mailto:info@gsannetwork.org)

### [www.glsen.org](http://www.glsen.org)

Student Pride USA - GLSEN  
121 West 27th Street, Suite 804  
New York, NY 10001  
Phone: 212.727.0135  
[studentpride@glsen.org](mailto:studentpride@glsen.org)

### [www.acha.org](http://www.acha.org)

American College Health Association  
PO Box 28937  
Baltimore, MD 21240-8937  
Phone: 410.859.1500  
[rlward@acha.org](mailto:rlward@acha.org)

### [www.usstudents.org](http://www.usstudents.org)

United States Student Association  
LGBT Student Empowerment Program  
1413 K Street, NW, 9th Floor  
Washington, DC 20005  
Phone: 202.347.8772 (USSA)  
[LGBT@usstudents.org](mailto:LGBT@usstudents.org)

### [www.lgbtampus.org](http://www.lgbtampus.org)

National Consortium of Directors of LGBT  
Resources in Higher Education

### [www.aclu.org/LesbianGayRights/LesbianGayRightslist.cfm?c=106](http://www.aclu.org/LesbianGayRights/LesbianGayRightslist.cfm?c=106)

American Civil Liberties Union's Lesbian and Gay  
Rights issues website of Youth and School

### [www.lambdalegal.org/cgi-bin/iowa/documents/record?record=690](http://www.lambdalegal.org/cgi-bin/iowa/documents/record?record=690)

Lambda Legal Defense and Education Fund's  
Back to School Kit

### [www.youth.org/loco/PERSONProject/Resources/list.html](http://www.youth.org/loco/PERSONProject/Resources/list.html)

PERSON Project

### [www.centeryes.org/](http://www.centeryes.org/)

Youth Enrichment Center's  
School Survival Guide

Another resource worth knowing about is the U.S. Department of Education's Office for Civil Rights, whose mission is "to ensure equal access to education and to promote educational excellence throughout the nation through vigorous enforcement of civil rights." The OCR has a procedure you must follow before they can intervene, and their policies don't specifically list protection of students on the basis of sexual orientation. They have regional offices nationwide, and the main office is at:

### [www.ed.gov/offices/OCR/](http://www.ed.gov/offices/OCR/)

U.S. Department of Education  
Office for Civil Rights  
Customer Service Team  
Mary E. Switzer Building  
330 C Street, SW  
Washington, DC 20202  
Telephone: 1.800.421.3481  
TDD: 1.877.521.2172  
[OCR@ed.gov](mailto:OCR@ed.gov)

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### Deaf

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## Fill in the \_\_\_\_\_!

Some of you might be LGBTQ. And also Asian. Or maybe deaf. Or maybe \_\_\_\_\_. Here are some groups that will be able to support you in the many ways you identify. NYAC also has information on many other groups, so contact us if you don't find what you need.

**Deaf:****[www.rad.org](http://www.rad.org)**

Rainbow Alliance of the Deaf  
Barbara Hathaway  
RAD Secretary  
9751 Good Luck Road, Apt. 4  
Lanham, MD 20706  
With 20 chapters throughout Canada and the United States, RAD works for the emotional, economic and social advancement of LGBTQ deaf people. It has a youth contact, whose current address can be found on their website.

**[www.youthresource.com/  
community/deaf/index.cfm](http://www.youthresource.com/community/deaf/index.cfm)**

Deaf Queer Youth Resources  
Website featuring stories and articles by and for LGBTQ deaf youth.

**[www.deafqueer.org](http://www.deafqueer.org)**

Features resources, coming out stories, articles and a mixed selection of hotlinks to other sites.

**Disabled:****[www.bentvoice.org](http://www.bentvoice.org)**

Bent, an online journal "by and for cripgay men".

**[www.disabledwomen.net](http://www.disabledwomen.net)**

Disabled Women on the Web  
Not queer youth specific, but queer-friendly and prominently features links to queer events, topics, etc.

**[www.geocities.com/  
WestHollywood/33323](http://www.geocities.com/WestHollywood/33323)**

A support organization for LGBTQ stutterers  
Passing Twice  
PO Box 91267  
Durham, NC 27708  
[Passing\\_twice@hotmail.com](mailto:Passing_twice@hotmail.com)

**[listservgroups.yahoo.com/  
group/QueerDisability/](http://listservgroups.yahoo.com/group/QueerDisability/)**  
Queer Disability  
Community Discussion:

A listserv for queer and disabled people of all ages to share experiences and advice.

**[www.gimpgirl.com/lists/  
queergirlies/](http://www.gimpgirl.com/lists/queergirlies/)**  
QueerGirlies

An e-mail support and discussion list for young women 25 and under who are lesbian, bisexual or transgender.

**Youth of Color:****[www.ambientejoven.org](http://www.ambientejoven.org)**

Website by Advocates for Youth for Latina/o youth on various physical, emotional and mental health (including sexual orientation and gender) issues. This site also has a listing of centers nationwide that offer services to Latinas/os.

**[www.geocities.com/  
WestHollywood/Castro/8260/  
email.html](http://www.geocities.com/WestHollywood/Castro/8260/email.html)**

Two Spirit People mailing list for gay, lesbian, bisexual, and transgender people of American Indian/First Nations ancestry. This list is open to Native/aboriginal people. However it is NOT an education forum for Non-Native people wanting to learn about Native peoples.

**[www.amassi.com](http://www.amassi.com)**

AMASSI  
160 S. La Brea  
Inglewood, CA 90301  
Phone: 310.419.1969  
Preventive health center for African Americans with meetings for same-gender loving (SGL) people.

**[www.asiac.org](http://www.asiac.org)**

AIDS Services in Asian Communities  
1201 Chestnut Street, Suite 501  
Philadelphia, PA 19107  
Phone: 215.563.2424  
An HIV/AIDS prevention group that has monthly social events, a newsletter and other programs for A/PI youth.

**[www.aquanet.org](http://www.aquanet.org)**

AQUA: Asian/Pacific Islanders, Queer & Questioning, Under 25, Altogether  
API Wellness Center  
730 Polk Street, 4th Floor  
San Francisco, CA 94109  
Phone: 415.292.3420  
Provides events, activities, social support, drop-in, HIV/STD education, discussion groups, retreats, case management and testing for A/PI youth under 25.

**[www.apicha.org](http://www.apicha.org)**

Asian and Pacific Islander Coalition on HIV/AIDS  
150 Lafayette Street, 6th Floor  
New York, NY 10013  
Phone: 212.620.7287  
[apicha@apicha.org](mailto:apicha@apicha.org)  
Has free testing for HIV, and counseling and case management for HIV-positive people. Offers a Young People's Project, as well as a weekly LGBTQ A/PI youth group.

[a\\_slice\\_of\\_rice@yahoogroups.com](mailto:a_slice_of_rice@yahoogroups.com)

A Slice of Rice  
93 Massachusetts Avenue, 3rd Floor  
Boston, MA 02115  
Phone: 617.266.3349  
Holds weekly meetings exploring social and political issues, and offers free access to HIV/AIDS testing and support on various health issues.

[www.alp.org](http://www.alp.org)

Audre Lorde Project, Inc  
85 South Oxford Street  
Brooklyn, NY 11217-1607  
Phone: 718.596.0342  
[alpinfo@alp.org](mailto:alpinfo@alp.org)  
New York City-based community center for LGBTQ and Two-Spirit people and organizations of color.

[www.blackoutunlimited.org](http://www.blackoutunlimited.org)

BlackOut Unlimited – Club 1722 Youth Project  
PO Box 14553  
Cleveland, OH 44120  
Phone: 216.752.1722  
[1722@blackoutunlimited.org](mailto:1722@blackoutunlimited.org)  
Has weekly programs for SGL youth.

[www.llego.org](http://www.llego.org)

LLEGO  
National Latino/a Lesbian, Gay, Bisexual, & Transgender Organization  
1612 K Street, NW, Suite 500  
Washington, DC 20006  
Phone: 202.466.8240  
The only national non-profit organization devoted to organizing Latina/o LGBTQ communities on a local, regional, national and international level.

[www.smaac.org](http://www.smaac.org)

Sexual Minority Alliance of Alameda County  
408 13th Street, Box 263  
Oakland, CA 94612  
Phone: 510.834.9578  
Offers a wide variety of programs, trainings, drop-in services and other events for SGL youth. Hosts an annual conference.

[www.smyal.org](http://www.smyal.org)

Sexual Minority Youth Assistance League  
410 7th Street, SE  
Washington, DC 20003-2707  
Phone: 202.546.5940  
A youth drop-in center that offers tutoring, support groups, meetings, socials, etc.

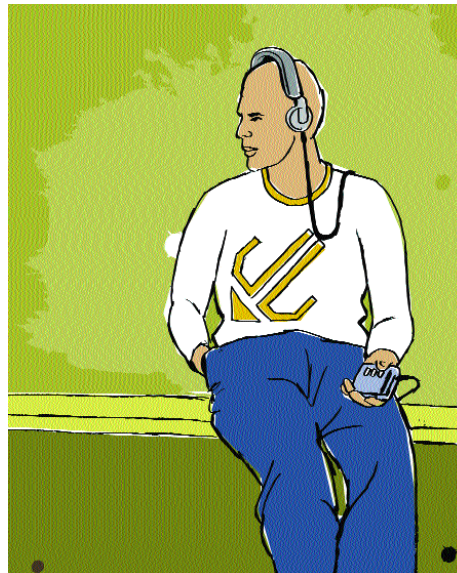
## My parents haven't been as supportive of me as I'd like. Where can I get help?

Parents and guardians are people, too. Just like it's taken you time to figure yourself out, it'll take them some time (probably more) to understand your life as you live it. For some help, you can contact:

[www.pflag.org](http://www.pflag.org)

Parents, Families and Friends of Lesbians & Gays  
1726 M Street, NW, Suite 400  
Washington, DC 20036  
Phone: 202.467.8180  
[info@pflag.org](mailto:info@pflag.org)

They have hundreds of chapters nationwide and abroad with people who have gone through what your parents and guardians are going through. (They also have contacts for groups with particular experiences, such as Mormon, African American, Asian and Pacific Islander, and Latino families.)



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## Being and staying healthy

Regardless of however you identify, being and staying healthy is an important part of being happy and confident about your life. Here are some resources to consider:

### [www.aegis.org](http://www.aegis.org)

AEGIS is the largest HIV/AIDS website in the world, with information on topics including basic HIV/AIDS information, treatment, prevention, exposure issues, living with HIV, and the science of HIV, as well as extensive links to local, national, and international resources.

### [www.apa.org/ed/hlgb/relsites.html](http://www.apa.org/ed/hlgb/relsites.html)

American Psychological Association's Healthy LGB Students Project provides information for LGB youth and school professionals.

### [www.bagly.org](http://www.bagly.org)

Boston Area Gay and Lesbian Youth (BAGLY) is an organization that provides support services and resources for GLBT youth.

### [www.biresource.org](http://www.biresource.org)

Bisexual Resource Center is an organization that educates the general public about bisexuality, provides a public forum for the discussion of bisexuality, and provides a support network for individuals and interested organizations to discuss and obtain information about bisexuality.

### [www.gayhealth.com](http://www.gayhealth.com)

GayHealth is a health and wellness site dedicated to lesbian, gay, bisexual, and transgender people.

### [www.glma.org](http://www.glma.org)

Gay and Lesbian Medical Association is a national organization that works to maximize the quality of health services for lesbian, gay, bisexual, and transgender people and to foster a welcoming professional climate.

### [www.jri.org](http://www.jri.org)

JRI Health is a nonprofit agency serving children and adults whose physical, emotional, or learning-related disabilities require innovative support and treatment.

### **Programs include:**

Boston Gay and Lesbian Adolescent Social Services (GLASS) promotes pride and dignity in GLBTQ youth in the hopes of keeping them strong and healthy.

Counseling and Testing Support Services (CTSS) is an HIV counseling and testing program that provides both pre- and post-test counseling and is completely anonymous. The program is adolescent focused, but open to anyone who wishes to be tested, always providing a safe, non-judgmental space to ask questions, talk about anxiety, learn what places people at risk for HIV, and the opportunity to find out your status. They offer both blood tests, and the pain-free oral test, known as Orasure.

Politici'n With The Sisters is a program centered on the health and development of young women as individuals and productive members of their

communities. They are committed to providing quality health and social services to adolescent girls and young women.

The POZ Youth Initiative is committed to linking quality health and social services to young men living with HIV through outreach and intervention strategies.

TransHealth Education and Development Program provides training, education, and awareness of health and social issues affecting transgender, transsexual, and gender-variant people in Massachusetts.

Wayne Wright Resource Center provides social and health-related services to individuals who are HIV positive or at risk for HIV infection, including homeless and street youth; commercial sex workers; ex-offenders; persons with addiction issues; gay, lesbian, bisexual, transgender, and questioning adolescents; and underserved members of the transgender community.

### [www.mautnerproject.org](http://www.mautnerproject.org)

Mautner Project for Lesbians with Cancer is a national organization dedicated to lesbians with cancer, their partners, and caregivers.

### [www.metrokc.gov/health/glb](http://www.metrokc.gov/health/glb)

Sponsored by the Seattle-King County Health Department, the Gay, Lesbian, Bisexual, Transgender Health Web Pages address the health concerns of GLBT people.

**LGBT Health Centers:**

[www.callen-lorde.org/links.html/#hivaids](http://www.callen-lorde.org/links.html/#hivaids)

Callen-Lorde Community Health Center  
356 West 18th Street  
New York, NY 10011  
Phone: 212.271.7200  
Provides primary care, HIV, lesbian, senior, transgender and Health Outreach to Teens (HOTT) programs and services.

[www.chasebrexton.org](http://www.chasebrexton.org)

Chase Brexton Health Services  
1001 Cathedral Street  
Baltimore, MD 21201  
Phone: 410.837.2050  
Provides primary medical, women's health, pediatrics, dental, HIV medical, HIV testing, STD, pharmacy, mental health, addictions counseling, youth outreach, health promotion, and case management services.

[www.fenwayhealth.org](http://www.fenwayhealth.org)

Fenway Community Health  
7 Haviland Street  
Boston, MA 02115  
Phone: 617.267.0900  
TTY: 617.859.1256  
En español: 617.926.6460  
Provides primary care, women's health, family planning, alternative insemination, complementary therapies, mental health and addictions, HIV, violence recovery and wellness services.

[www.hglhc.org/hglhcindex.html](http://www.hglhc.org/hglhcindex.html)

Hartford Gay & Lesbian Health Collective  
1841 Broad Street  
Hartford, CT 06114  
Phone: 860.278.4163  
Provides STD, women's health, HIV, support groups, health

education, and alternative health services.

[www.howardbrown.org](http://www.howardbrown.org)

Howard Brown Health Center  
4025 N. Sheridan Road  
Chicago, IL 60613  
Phone: 773-388-1600  
Provides counseling and social services, medical, HIV/STD prevention and education, domestic violence, youth drop-in, Harambee (targeting the African-American community), HIV testing, STD treatment, and women's health services.

[www.laglc.com](http://www.laglc.com)

LA Gay & Lesbian Center  
1625 N. Schrader Boulevard  
Los Angeles, CA 90028  
Phone: 323.993.7400  
TDD: 323.993.7698  
Youth HIV Program: 323.993.7571  
Youth Center: 323.461.8163  
Provides youth services (transitional living program, youth center, RELATE: safer sex & self-esteem, RAYN: family reunification, HIV program) family services, HIV testing and counseling, HIV medical, STD, mental health, domestic violence, addiction recovery, MSM outreach, substance abuse prevention (alcohol, tobacco, and drugs) services; and the California AIDS Clearinghouse.

[www.sfcc.org/clinics/lmwhs.htm](http://www.sfcc.org/clinics/lmwhs.htm)

Lyon-Martin Women's Health Services  
1748 Market Street, Suite 201  
San Francisco, CA 94102  
Phone: 415.565.7667  
Provides primary care, gynecological, primary care for HIV+, breast cancer early detection, support groups, health care for the homeless, comprehensive primary care

and gender reassignment, smoking cessation, and substance abuse education and screening services.

[www.wwc.org](http://www.wwc.org)

Whitman-Walker Clinic  
1407 S Street, NW  
Washington, DC 20009  
Phone: 202.797.3500  
Lesbian Services Program: Phone: 202.939.1580  
Gay Men's Wellness Program: Phone: 202.745.6125  
AIDS Information Line: 24 hours, 1.877.939.AIDS  
Gay and Lesbian Hotline: 7-11 pm EST, 202.833.3234  
Provides GLBT health services: mental health and addiction treatment, lesbian health, gay men's health and wellness, Latina /o services, Lambda Center (behavioral health and substance abuse treatment), AIDS education and prevention and HIV services for individuals ages 18 and older.

**Substance Abuse Treatment:**

[www.thelambdacenter.com](http://www.thelambdacenter.com)

The Lambda Center  
4228 Wisconsin Avenue, NW  
Washington, DC 20016  
Phone: 202.885.5784  
A partnership between the Psychiatric Institute of Washington and the Whitman-Walker Clinic that provides behavioral health care services (mental health, and addiction recovery) for the LGBT community (typically ages 18 and over; may take younger clients on a case-by-case basis).

**Pride Institute Locations:**

[www.pride-institute.com](http://www.pride-institute.com)

New York City/New Jersey  
Fort Lauderdale, Florida  
Chicago, Illinois,  
Dallas/Fort Worth, Texas

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Phone: 800.54.PRIDE (77433)  
Provides a healthy alternative to traditional treatment programs that so often fail LGBTQ persons. Pride Institute specializes in providing addiction and mental health treatment to LGBTQ communities (ages 18 and over).

**Tobacco Control and Prevention /Smoking Cessation:**

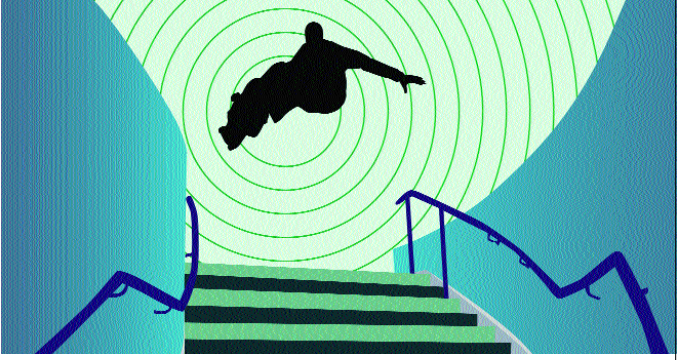
Did you know surveys show that a disproportionately high number of LGBTQ folks are smokers? That's sadly not a surprise, after years of being targeted specifically by cigarette companies. Surveys also show that the vast majority of smokers want to quit, so with a number of organizations now working specifically with LGBTQ smokers, especially youth, there's no better time to quit! LGBTQ-youth specific programs.

National Youth Advocacy Coalition (national)  
Phone: 1.800.541.6922, ext 19  
[www.nyacyouth.org](http://www.nyacyouth.org)

Affirmations Lesbian and Gay Community Center  
Ferndale, MI  
Phone: 248.398.7105  
[www.goaffirmations.org](http://www.goaffirmations.org)

Asian & Pacific Islander American Health Forum (national)  
Asian & Pacific Islander Tobacco Education Network (APITEN)  
Phone: 415.954.9988  
[www.apiahf.org](http://www.apiahf.org)

The Attic Youth Center  
Philadelphia, PA  
Phone: 215.545.4331  
[www.atticyouthcenter.org](http://www.atticyouthcenter.org)



Bemidji Safe Youth & Family Program  
Bemidji, MN  
Phone: 218.751.8223  
[www.evergreenhouse.org](http://www.evergreenhouse.org)

Billy DeFrank LGBT Community Center  
San Jose, CA  
Phone: 408.293.2429  
[www.defrank.org](http://www.defrank.org)

Boulder County Health Department  
The OASOS Program  
Boulder, CO  
Phone: 303.678.6139

Bronx Lesbian and Gay Health Resource Consortium, Inc.  
Bronx, NY  
Phone: 718.292.4368  
[www.blghrc.org](http://www.blghrc.org)

Chase Brexton Health Services, Inc  
Baltimore, MD  
Phone: 410.837.2050, 410.545.4481 ext 1700  
[www.chasebrexton.org](http://www.chasebrexton.org)

District 202  
Minneapolis, MN  
Phone: 612.871.5559  
[www.dist202.org](http://www.dist202.org)

GALAXY  
La Crosse, WI  
Phone: 608.781.2783 ext 3  
[www.ywcalax.org/galaxy](http://www.ywcalax.org/galaxy)

Gay and Lesbian Adolescent Social Services (GLASS)  
West Hollywood, CA  
Phone: 310.358.8727  
[www.glassla.org](http://www.glassla.org)

GLB Community Services Center of Colorado  
Denver, CO  
Phone: 303.832.2260  
[www.coloradoglb.org](http://www.coloradoglb.org)

GLSEN South Central Wisconsin  
Madison, WI  
Phone: 608.661.4141  
[www.glsenscw.org](http://www.glsenscw.org)

GMAD-Gay Men of African Descent  
New York, NY  
Phone: 212.828.1697  
[www.gmad.org](http://www.gmad.org)

Houston Area Community Services, Inc. (HACS)  
Houston, TX  
Phone: 713.526.0555  
[www.hacstxs.org](http://www.hacstxs.org)

Howard Brown Health Center  
Chicago, IL  
Phone: 773.388.1600  
[www.howardbrown.org](http://www.howardbrown.org)

Indiana Youth Group  
Indianapolis, IN  
Phone: 317.541.8726  
[www.indianayouthgroup.org](http://www.indianayouthgroup.org)



La Crosse Area Hmong Mutual Assistance Association  
La Crosse, WI  
Phone: 608.781.5744

Lambda Community Center  
Sacramento, CA  
Phone: 916.442.0185  
[www.lambdasac.org](http://www.lambdasac.org)

LAMBDA GLBT Community Services  
El Paso, TX  
Phone: 915.562.4297  
[www.lambda.org](http://www.lambda.org)

The Lesbian & Gay Community Services Center, Inc.  
New York, NY  
Phone: 212.620.7310 ext 412  
[www.gaycenter.org](http://www.gaycenter.org)

LGBT Community Center of San Francisco  
San Francisco, CA  
Phone: 415.865.5555, 415.820.3254  
[www.sfgaycenter.org](http://www.sfgaycenter.org)

Louisville Youth Group  
Louisville, KY  
Phone: 502.454.3300  
[www.louisvilleyouthgroup.org](http://www.louisvilleyouthgroup.org)

The Mautner Project For Lesbians With Cancer  
Washington, DC  
Phone: 202.332.5536  
[www.mautnerproject.org](http://www.mautnerproject.org)

Milwaukee LGBT Community Center/Project Q  
Milwaukee, WI  
Phone: 414.223.3220  
[www.projectQ.org](http://www.projectQ.org)

1N10-VOIT/Horizons  
Phoenix, AZ  
Phone: 602.264.5437  
[www.1N10.org](http://www.1N10.org)

Outright Vermont  
Burlington, VT  
Phone: 802.865.9677, 1.800.452.2428 (Vermont, Maine, New Hampshire)  
[www.outrightvt.org](http://www.outrightvt.org)

Out Youth, Inc  
Austin, TX  
Phone: 512.419.1233  
[www.outyouth.org](http://www.outyouth.org)

Philadelphia Community Health Alternatives  
Philadelphia, PA  
Phone: 215.563.0652, 215.563.0663

[www.pcha1.org](http://www.pcha1.org)  
The Rainbow Community Center  
Concord, CA  
Phone: 925.692.0090  
[www.rainbowcc.org](http://www.rainbowcc.org)

The Rainbow Room of Planned Parenthood  
Doylestown, PA  
Phone: 215.348.0558 ext 65  
[www.ppbucks.org](http://www.ppbucks.org)

Sexual Minority Youth Assistance League (SMYAL)  
Washington, DC  
Phone: 202.546.5940  
[www.smyal.org](http://www.smyal.org)

Tomorrow WithOUT Tobacco  
The Home for Little Wanderers  
Boston, MA  
Phone: 617.585.7547  
[www.thehome.org](http://www.thehome.org)

Ventura County Rainbow Alliance  
Ventura, CA  
Phone: 805.339.6340

Youth and Shelter Services, Inc.  
Ames, IA  
Phone: 515-233-3141  
[www.yss.ames.ia.us](http://www.yss.ames.ia.us)

Youth Enrichment Services (YES)  
Lesbian and Gay Community Services Center  
New York, NY  
Phone: 212.620.7310  
[www.centeryes.org](http://www.centeryes.org)

Youth Link  
Minneapolis, MN  
Phone: 612.252.1200  
[www.youthlinkmn.org](http://www.youthlinkmn.org)

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**Transgender Health:**

[www.gayhealthchannel.com/transgender/](http://www.gayhealthchannel.com/transgender/)  
LGBT Forum on Transgender Health provides information on health care and mental health guidelines, gender identity disorder, hormone therapy, and sex reassignment surgery.

[www.transgendercare.com/tgcare/index.htm](http://www.transgendercare.com/tgcare/index.htm)  
TransGenderCare provides archives for health information on male-to-female gendertransitioning.

[www.managingdesire.org/beyondchromo.html](http://www.managingdesire.org/beyondchromo.html)  
Beyond Chromosomes: A Forum on Transgender Health Issues HIV Prevention Collective/ Berkeley Free Clinic. Topics include: neuro-endocrinological aspects of sex and gender, legislative agenda for transgenders, HIV prevention for FTMs/ MTFs, and sexual orientation and transgenderism. Also included are sex reassignment hormonal protocols.

[tensegrity.critpath.org/thac/](http://tensegrity.critpath.org/thac/)  
Transgender Health Action Coalition  
Washington West Project  
1201 Locust Street, 4th Floor  
Philadelphia, PA 19107  
Provides transgender resources including but not limited to the following topics: MTF, FTM, crossdressing, genderqueer, intersexed, youth, health and wellness, support groups, and transition.

**YMSM Organizations:**  
The following organizations have programming specifically for young men who have sex or sleep with men (YMSM), and particularly YMSMs of color. Check out some of the organizations in the youth of color section, too.

**AIDS Project Hartford (Keep'n it Real! Program)**  
110 Bartholomew Avenue  
Hartford, CT 06106  
Phone: 860.951.4833

**AIDS Taskforce of Greater Cleveland**  
2728 Euclid Avenue, Suite 40  
Cleveland, OH 44115  
Phone: 216.621.0766

**Blacks Assisting Blacks Against AIDS**  
625 North Euclid  
St. Louis, MO 63108  
Phone: 314.865.1600

**Brotherhood**  
1661 Canal Street  
New Orleans, LA 70112  
Phone: 504.566.7955

**Camden Area Health Education Center**  
514 Cooper Street  
Camden, NJ 08102  
Phone: 856.963.2432

**Donald R. Watkins Memorial Foundation**  
1403 Wheeler Street  
Houston, TX 77004  
Phone: 713.526.1979

**Gay Men of African Descent**  
103 East 125th Street, Suite 503  
New York, NY 10035  
Phone: 212.828.1697

**Health Education Resource Organization**  
1734 Maryland Avenue  
Baltimore, MD 21201  
Phone: 410.685.1180

**NJCRI**  
393 Central Avenue  
Newark, NJ 07103  
Phone: 973.483.3444

**People of Color In Crisis**  
468 Bergen Street  
Brooklyn, NY 11217  
Phone: 718.230.0770

**Renaissance III**  
2606 MLK Jr. Boulevard  
Dallas, TX 75215  
Phone: 214.428.6227

**The Colours Organization**  
1201 Chestnut Street, 15th Floor  
Philadelphia, PA 19107  
Phone: 215.496.0330

**The Hetrick-Martin Institute**  
2 Astor Place, 3rd Floor  
New York, NY 10003  
Phone: 212.674.2600

**The Village South**  
3180 Biscayne  
Miami, FL 33137  
Phone: 305.573.3784

**The National Youth Advocacy Coalition**  
is a social justice organization that advocates for and with  
young people who are lesbian, gay, bisexual, transgender,  
or questioning (LGBTQ) in an effort to end discrimination  
against these youth and to ensure their physical and  
emotional well being.



National Youth Advocacy Coalition  
1638 R Street, NW, Suite 300,  
Washington, DC 20009  
Toll-free: 1.800.541.6922 ext 12  
Fax: 202.319.7365 TTY: 202.319.9513  
[nyac@nyacyouth.org](mailto:nyac@nyacyouth.org)  
[www.nyacyouth.org](http://www.nyacyouth.org)

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