Ten Ways Homophobia Hurts Everyone

Warren Blumenfeld

- *LGBTQ = lesbian, gay, bisexual, transgender, or queer
- Homophobia forces us to act 'macho' if we are male, or 'feminine' if we are female.
- Homophobia puts pressure on straight people to act aggressively and angrily towards LGBTQ people so no one thinks they, too, are LGBTQ.
- 3. Homophobia makes it hard for straight people and LGBTQ people to be friends.
- 4. Homophobia makes it hard to be close friends with someone of the same sex.
- 5. Homophobia often strains family and community relationships.
- 6. Homophobia can cause youth to become sexually active before they are ready in order to prove they are 'normal.' This can lead to an increase in unwanted pregnancies and STDs.
- 7. Homophobia prevents vital information on sex and sexuality to be taught in schools. Without this information, youth are putting themselves at a greater risk for HIV and other STDs.
- 8. Homophobia can be used to hurt a straight person if the person 'appears to be gay.'
- 9. Homophobia, along with racism, sexism, classism, etc., makes it hard to put an end to AIDS.
- 10. Homophobia makes it hard to appreciate true diversity and people's unique traits that are not mainstream or 'normal.'

